

# Royal Oak Practice #1

The rising concern over childhood obesity and unhealthy eating habits has led some parents in your community to suggest that school cafeterias should only serve organic and healthy meals.

Write a letter to the editor of the Hong Kong Daily expressing your opinion. Back up your opinion with three reasons.

## How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
- Do it in your class, in recess, after lunch, after dinner, before you sleep, when you're on the bus
- Do it everyday

## Royal Oak Practice #2

There has been a proposal in your community to incorporate more educational trips to historical sites in the school curriculum to enhance students' understanding of history.

Write a letter to the editor of the Hong Kong Daily sharing your viewpoint. Support your opinion with three reasons.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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## Royal Oak Practice #3

Due to the increasing demand for quiet study spaces, some people in your community have suggested that public libraries should extend their operating hours.

Write a letter to the editor of the Hong Kong Daily giving your opinion. Justify your opinion with three reasons.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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## Royal Oak Practice #4

With the growing reliance on technology, there is a debate in your community about whether schools should integrate more technology, like tablets and smartboards, into classrooms.

Write a letter to the editor of the Hong Kong Daily stating your opinion. Support your opinion with three reasons.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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## Royal Oak Practice #5

A group in your community has proposed that students should be able to earn school credits for community volunteering to encourage civic engagement.

Write a letter to the editor of the Hong Kong Daily expressing your opinion. Reinforce your opinion with three reasons.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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## Royal Oak Practice #6

More students are choosing online learning platforms over traditional classroom education.

Write an essay analyzing the shift in learning habits and suggest changes that schools and educators can implement to enhance the traditional classroom experience.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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- Do it everyday

## Royal Oak Practice #7

With the rise of digital technology, many readers are now choosing e-books over physical books.

Write an essay examining the changing reading habits and propose adjustments that traditional bookstores and publishers could make to adapt to this trend.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
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- Do it everyday

## Royal Oak Practice #8

More commuters in urban areas are choosing public transportation over personal vehicles for their daily commute.

Write an essay analyzing the changing commuting habits and suggest improvements that city planners and policy makers can make to encourage this shift.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
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- Do it everyday



## Royal Oak Practice #9

An increasing number of consumers are choosing sustainable fashion brands over fast fashion retailers.

Write an essay discussing the shift in shopping habits and recommend actions that fast fashion companies can take to align more with sustainable practices.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
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## Royal Oak Practice #10

In a health-conscious society, many consumers are now choosing whole foods over processed foods.

Write an essay exploring the changing eating habits and suggest strategies that food manufacturers and marketers can adopt to promote healthier choices.

### How to start:

- Based on the question above, write short sentences or very short paragraphs using 5\*\* high-frequency expressions or new vocab taught in lectures
- You can use simple English and mix in sentence patterns (SP) too
- Spend 5-10 min to finish each page
- Do it in your class, in recess, after lunch, after dinner, before you sleep, when you're on the bus
- Do it everyday